

October 1, 2007

Volume 2, Issue 4



The Cottage Lake Connection

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Fall Native Plant Sale Fundraiser Sat October 13th from 1pm to 3pm

Friends of Cottage Lake will be having our fall native plant sale on Saturday, October 13th from 1pm to 3pm. This plant sale is unique because we sell the plants below normal retail prices. The idea is to increase access to native plants for gardens and landscapes in our area. Proceeds will be used for FOCL projects to improve Cottage Lake water quality.



Western Sword Fern

FOCL Native Plant Sale

When: Saturday, Oct 13th from 1pm to 3pm

Where: 17214 185th Ave NE, Woodinville

See page 2 for the list of plants we will have available

FOCL OFFICERS

PRESIDENT

Jonathan Morrison (425) 788-8087
jonathanmorrison@hotmail.com

VICE PRESIDENT

Mary McCain (425) 788-8244
marymccain@comcast.net

SECRETARY

Sally Maimoni (425) 788-1935
smaimoni@sprintmail.com

TREASURER

Chuck C. Cushing (425) 788-8950
chucksea@msn.com

POSITION AT LARGE

Stafford Miller (425) 788-3404
drmusic170@comcast.net

General Meeting October 18th at 7pm

There will be a general meeting on October 18th at 7pm at the Woodinville Library. The main topic will be invasive weeds (including the water lilies and Eurasian milfoil). See page 2 for more information.

Cottage Lake Park Restoration - Planting!

When: October 27th, 2007—9am to 3pm
Where: Cottage Lake Park

This is the final phase of the restoration and the most fun! We will be planting native plants and working on the wet garden.

Cottage Lake Updates

Beaver Deceivers—three beaver deceivers were installed (two on Cold Creek and one on Cottage Lake Creek) to help control water levels. Look for a future article in this newsletter on the project and outcome.

Water Lilies—the water lilies were sprayed once this summer on Aug. 2nd. Results (as reported by residents around the lake) were mixed. We'll discuss this at the meeting on Oct. 18th.

Newsletter—why is the newsletter so short? We are currently understaffed and need some new volunteers to write articles and help with editing and mailing. See page 3 if you are interested in volunteering.

Update on Invasive Weeds: Eurasian Milfoil found in Cottage Lake

Until last week, the worst invasive weed we knew about on Cottage Lake was the fragrant white water lily, but Beth Cullen from King County recently spotted a new threat to the lake. The plant was taken for DNA testing and proved to be one of the worst invasive threats to fresh water lakes: Eurasian Milfoil. Currently, the infestation is relatively small, but patches of the weed have been seen in several areas of the lake.

Eurasian Milfoil spreads very easily and is difficult to control since small pieces of the plant can root and form new plants. It generally spreads from lake to lake via fragments that are transported on watercraft.

Milfoil is an underwater plant that can form dense mats that crowd out native vegetation, reduce wildlife habitat and



Eurasian Milfoil

negatively impact water quality (increased temperature, decreased oxygen). In addition, it interferes with recreational uses such as swimming, boating and fishing.

We will discuss this latest development along with the water lily progress (or lack of progress) at our general meeting on Oct. 18th. I hope to have information on treatment options as well as more information on the current level of infestation in the lake. Please pass this information on to your neighbors - Milfoil is a huge threat to the lake and we need your input on how to respond to this new problem.

For an update on the lilies, please see:

www.friendsofcottagelake.org/waterlilies.htm

FOCL Native Plant Sale - Plant List

Here's a partial list of what will be available at the sale:

Trees:

- Abies grandis* - Grand Fir
- Abies procera* - Noble fir
- Acer circinatum* - Vine Maple
- Pseudotsuga menziesii* - Douglas-Fir
- Rhamnus purshiana* - Cascara Tree
- Thuja plicata* - Western Red Cedar

Shrubs:

- Amelanchier alnifolia* - Serviceberry
- Cornus sericea* - Red-Osier Dogwood
- Gaultheria shallon* - Salal
- Holodiscus discolor* - Ocean Spray
- Lonicera involucrata* - Twin Berry
- Mahonia aquifolium* - Tall Oregon Grape
- Oemleria cerasiformis* - Indian Plum
- Physocarpus capitatus* - Pacific Ninebark
- Ribes sanguineum* - Red Flowering Currant

Rosa Nutkana - Nooka Rose

- Symphoricarpos albus* - Snowberry
- Vaccinium ovatum* - Evergreen Huckleberry

Perennials & Groundcovers:

- Arcostaphylos uva-ursi* - Kinnikinnik
- Asarum caudatum* - Wild Ginger
- Cornus Canadensis* - Bunchberry
- Dicentra formosa* - Native Bleeding Heart
- Fragaria chiloensis* - Beach Strawberry
- Linnaea borealis* - Twinflower
- Oxalis oregana* - Wood Sorrel (evergreen)
- Xerophyllum tenax* - Bear Grass

Ferns:

- Adiantum aleuticum* - Maidenhair Fern
- Blechnum spicant* - Deer Fern
- Polypodium glycyrrhiza* - Licorice Fern

Cottage Lake Park Restoration: Microsoft/United Way Day of Caring a Huge Success

On Sept 21st, 2007 Friends of Cottage Lake and King County hosted a Microsoft/United Way Day of Caring event. Twenty-five volunteers from Microsoft worked on the Cottage Lake Park Shoreline Restoration Project preparing the site for the community planting on Oct. 27th.

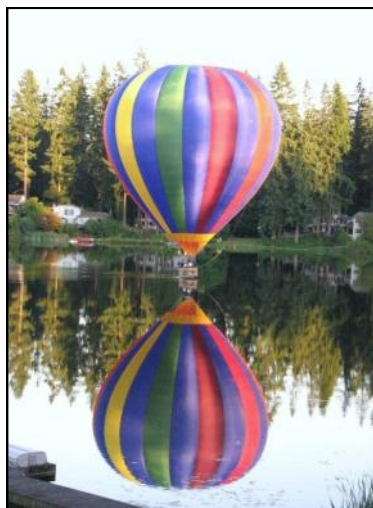
The crew of volunteers was incredibly productive - 30 yards of mulch was spread out before lunch, and the two paths were almost completed by the end of the day. Cottage Lake Safeway provided snacks, Domino's Pizza provided a discounted lunch, and Starbucks provided the all important coffee to keep everyone going. Everyone had an excellent time and FOCL is hoping to host another event next year! Thanks to everyone that helped organize the event and a

special thanks to the Microsoft volunteers who took time away from work to help on our community project.



Calendar of Fall Events

October 13th 1pm to 3pm	FOCL Native Plant Sale - see facing page for a plant list.
October 15th 7pm	Design Your Yard – Naturally! at the Woodinville Library - see box below for details
October 18th 7pm—9pm	FOCL General Meeting at the Woodinville Library
October 27th 9am to 3pm	Cottage Lake Park Restoration—Planting!



Newsletter Information
 Newsletters are printed quarterly in
January, April, July, and October

We would love to include any pictures, stories, or event announcements that relate to our Cottage Lake community.

We are looking for additional volunteers to help with the newsletter (content, layout, editing)
 Contact jonathanmorrison@hotmail.com

Join the [Cottage Lake Community Website](http://www.friendsofcottagelake.org/cottagelake) and share your favorite photos. The site also has information on meetings, events, etc:
www.friendsofcottagelake.org/cottagelake

DESIGN YOUR YARD – NATURALLY!

Natural Yard Care Neighborhoods is returning to Cottage Lake on Monday, October 15 with an exciting new workshop called ***Design Your Yard – Naturally!*** Speaker Doug Rice, landscape architect and co-host of television’s *Yard Talk* program, will help attendees learn how to create an attractive yard using healthy, natural techniques and materials.

The session will open with a short review of the basic steps of natural yard care – new information for some, and a quick review for anyone who has previously attended one of King County’s natural yard care workshops. The high cost of water and sensible methods of conserving it will be covered, along with building healthy soil, practicing natural lawn care, choosing the right plants and reducing the use of chemical pesticides. Doug will then share tips about how to reshape and design an outdoor space into a yard that is attractive, fits your lifestyle, provides privacy and gives you real pleasure. Finally, Darcy Batura, an environmental educator from WSU King County Extension, will speak briefly about how recycling food scraps into compost can enrich the soil in your yard and garden.

The workshop takes place at the Woodinville Library from 7 p.m. until 9 p.m. Folks will leave with a much better idea of how to turn their yards into beautiful personal sanctuaries. There will be plenty of handouts and take-home materials – and some stellar door prizes: waterless car wash kits, a one-hour design consultation from Doug Rice, other fun stuff.

Design Your Yard – Naturally! is a free workshop. To register, call 425-368-2501 or email your name, street address and phone number to register@naturalyardcare.com.

Design Your Yard – Naturally!

Monday, October 15, 2007 from 7pm to 9pm
 Woodinville Library
 17105 Avondale Road N.E., Woodinville



Cottage Lake Connection

Newsletter from the Friends of Cottage Lake

17214 185th Avenue NE

Woodinville, WA 98072

www.friendsofcottagelake.org



Newsletter Mailing List Response Card

- I enjoy the newsletter—please keep me on the mailing list
- I don't need a paper copy— please email my next newsletter
- Please remove my address from your mailing list

Name: _____

Address: _____

City, State, Zip _____

Phone: _____

Email Address: _____

Mail this response card to: FOCL
17214 185th Ave NE
Woodinville, WA 98072

Or, save a stamp and email your response directly to:
jonathanmorrison@hotmail.com

Want to become a member of Friends of Cottage Lake? The membership fee is \$10 per year (make check payable to Friends of Cottage Lake and send to the address above). All fees & donations are tax deductible.

Calendar of Cottage Lake Events

- October 13th **FOCL Native Plant Sale** - Support FOCL and get a great deal on native plants for your yard!
1pm to 3pm
- October 15th **Design Your Yard – Naturally!** at the Woodinville Library - see page 3 for details.
7pm
- October 18th **FOCL General Meeting at the Woodinville Library**
7pm—9pm
- October 27th **Cottage Lake Park Restoration—Planting!**
9am to 3pm
This is the final phase of the project and we need your help! Snacks and tools provided.